



# CONGRATULATIONS!

You've successfully booked your **COLONOSCOPY**

We're excited to see you soon! **BEFORE WE BEGIN** there are few **IMPORTANT STEPS** we'd like to review with you:

## # 1: Watch this introduction video to colonoscopy.

- [Preparing for your colonoscopy: Source AGA](#)

## # 2: Let's get your bowel prep ready for pickup.

- If you do not already have your bowel preparation, please provide us your pharmacy name and address **at least 7 days** before your procedure. This can be done by emailing us at [help@mdhngi.com](mailto:help@mdhngi.com) or calling us at 312-767-3244. Once we have this information, our team will send the bowel preparation to your pharmacy.
- Pick up the bowel preparation from your pharmacy. Please review our [bowel preparation page](#) for additional instructions based on the type of bowel prep.
- If you are unable to get your bowel prep in time or prefer an over the counter option, please refer to our over the counter [Miralax Prep](#) option.

## #3: Register for our Patient Portal.

- Register for a [MDHN Patient Portal](#) account. The Patient Portal is a secure and convenient online platform that allows you to view your endoscopy results, medical records, send non-urgent messages to your MDHN team, schedule appointments, request medication refills, and make online payments.

## # 4: Review your medications.

- Please review our [medication guidelines](#) at least ONE WEEK PRIOR. Be sure to consult with your prescribing provider if you have any additional questions especially if taking blood thinners or diabetic medications.

## # 5: Prepare for your endoscopy.

- Please refer to our [bowel preparation page](#) for specific instructions on diet and your bowel preparation. Typically the first dose is at 5pm the night prior to your procedure and the second dose is 6 hours prior to your procedure arrival time.

## # 6: Confirm your procedure location and ride home.

- Please check the location and time of your upcoming procedure as we have multiple practice locations. Please note, you must arrive 1 hour prior to your scheduled appointment time.
- Due to the sedation during your procedure, you **MUST** have an adult (age 18+) friend/family driver remain in the building throughout the entire procedure and **AVAILABLE** to drive you home after your procedure. Taxi/cab, Uber/Lyft, bus and medical transport are **NOT** acceptable rides home unless accompanied by an adult (age 18+) friend/family member.

**Still have questions?** No problem, let's do this right. Email [help@mdhngi.com](mailto:help@mdhngi.com) or call us at 312-767-3244 and we'll get back to you as soon as we can.